

Qunci Σ villas

[Your Key to an Idyllic Lombok]



QAMBOJA SPA

A warm welcome to Qamboja spa

Qamboja Spa offers you the ultimate in Lombok spa treatments. Our spa experiences incorporate the essence of plants, the aroma of healing flowers together with elements from the oceans combined with Indonesian herbs and spices. Traditional recipes into the modern day with beauty rituals to indulge your senses and evoke a youthful glow.

Our spa therapists, wellness experts, spa attendants and guest service officers are devoted to providing uncompromising service so our guests receive the best spa experience with each visit.

Because you are special.

[#QunciSpa]



HELPFUL INFORMATION FOR YOUR VISIT AT QAMBOJA SPA

Hours of operation:

Daily operation hours - 08.00am to 09.00pm
Last booking for 60 minutes treatment no later than 09.00pm

Advance Bookings:

Advance bookings are recommended to ensure your preferred times. Please provide your room number or check in name. If you are not a guest at Qunci Villas then credit card details are required.

Please arrive at the spa at least 10 minutes prior to your scheduled appointment. Late arrivals will be subject to a reduction in time for the selected treatment.

Cancellation Policy and No Show

Any rescheduling of appointments is subject to availability. Any amendment or cancellation with less than 1 hour notice will incur a 50% cancellation charge. Full fee will be imposed for no show or late arrival.

Special Health Considerations:

When making an appointment, please inform our spa reservation staff as to whether you have any of the following conditions: high blood pressure, allergies, any heart issues or physical ailments or disabilities. We also recommend that alcohol not be consumed before or immediately after your treatment.

Pregnancy:

Our staff will provide professional assistance in selecting a suitable treatment in line with pregnancy. Body treatments are recommended only after your first trimester.

Mobile Phone:

For the comfort of all guests, mobile phones need to be turned off while visiting Qamboja Spa.

Children:

We love children however for the relaxation of our guests we kindly ask that children do not accompany our guests for their scheduled appointments.

Valuables:

To fully enjoy your visit we encourage all guests to leave valuables in the safe provided in your room. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises.

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Jet Lag Recovery, 90 mins

USD 55 | IDR 907,5K

The Jet Lag Recovery package is the perfect way to recover from the stresses caused by travel and to renew and rejuvenate your mind and body.

Begin your flight recovery with a steam treatment to detoxify your skin and open your pores. This is followed by herbal back wrap combined with scented stress release to free impurities and muscle tension. Then enjoy a body massage to increase blood flow and detoxification of the body especially in areas that are most likely to retain fluids. Finally indulge in a face cleansing with a face mask and scalp treatment.

Qunci Wake Up Call, 60 mins

USD 40 | IDR 660K

The Qunci Wake Up Call commences with foot wash therapy followed by the application of a red flower and lavender balm around the soles of feet, lower legs and back to reduce swelling and aching muscles. These treatments are followed by a full body spot massage. Sensual, energizing oils stimulate circulation as well as invigorating and moisturizing the body.

[Treatment recommended one day after arrival with a 50% discount between 8.00 – 11.00]

R&R

Late Check Out Treatment, 90 mins

USD 55 | IDR 907,5K

Rejuvenate your skin and refresh your spirit after a day in the sun, and before your late flight, with a delightful bath “flavored” by kalamansi lime and pomelo. To elevate your mood this treatment begins with foot therapy followed by a neck, shoulder, face massage and body scrub

Exotic and uplifting R&R treatment will pamper your skin, energize your body enhancing your awareness and giving you that extra spring in your step.

[Treatment recommended from ; 13.00 – 16.00, 25% discount]

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Ultimate Qamboja Half - day Spa experience

[4 hours]

USD 100 | IDR 1.650K / Person

This spa program will help you to cleanse, detoxify your body, remove fluid retention and calm and totally relax you.

08.00am - 09.00am	:Healthy breakfast*
09.00am - 09.15am	:Scalp treatment is a therapy that provides relief from aches and pains. It is renowned for relieving symptoms of stress and working on the physical and mental levels giving immediate relaxation for the muscles.
09.15am - 10.15am	:Your experience continues with a deluxe massage: Urutan gendang beleg,Swedish, Balinese or Aromatic massage.
10.15am – 10.30am	:You will then enjoy our Tropical flowers bath, will be immersed in the fragrance and petals of tropical flowers, and rejoice in an aromatherapy experience like no other
10.30am – 11.30am	:Qunci facial; A wonderful revitalizing facial using fresh natural ingredients.
11.30am – 13.00pm	:Our natural Manicure and Pedicure includes scrubbing, cleansing, shaping, and polishing.
13.00pm – 14.00pm	:Healthy lunch

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COUPLE SPA EXPERIENCE

[For Two Person]

3 hours

USD 210 | IDR 3.465K

A Lombok wedding ceremony is renowned for its pomp and pageantry, practiced for hundreds of years from generation to generation. On the day of the wedding, the couple is often called King and Queen of the day or in Indonesian "Raja dan Ratu Sehari".

Traditional Lombok wedding culture seeks to prepare the wedding couple holistically, involving mind body and spirit.

At our Qamboja spa 3 hours couple spa experience includes a series of special body treatments for her and him, based on these ancient Lombok wedding traditions.

For Her

Royal Secret of Putri Mandalika

Urutan Begending [Queen Massage] The healing powers of this deep tissue massage treatment stimulates the energy points and helps to loose and warm up the muscles while it relaxes, Detoxifies and rejuvenates the body and soul.

Langeran [Hair Treatment]

Lombok hair traditional ritual pretised by royal princes renowned for their long, glossy and silky using a combination of minyak nyiur [coconut oil] and daun pandan [pandan leaves]

Lulur Keraton [Traditional Facial & body scrub]

Feel the touch and the lingering scent of the traditional herbal facial massage and aromatic whitening herbal body scrub of selected herbs such as (turmeric) and galangal as it cleanses, firms, whitens the entire body.

Siraman [Milk Bath]

Indulge yourself by immersing the entire body in the specially prepared milk bath.

Ukup Wangi [Scented Body Steaming]

The hauntingly fragrant scented sauna of cempaka (tropical Mongolia) and air Mawar (Rose Water) penetrates the skin and leaves the entire body fresh fragrant and radiant.

Jamu [Herbal Tonic Drink]

An earthier pot prepare remedy of scented herbal root is a special tonic believed to be the secret of anti aging.

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For Him Urutan Sigar Penjalin [Qing Massage]

The deep tissue massage strokes manipulate the fascia by freeing the fasciae, the tissue become warm with the increased blood circulation to the whole body allowing regained vitality and flexibility.

Herbal Hair Roots Treatment

A simple herbal hair treatment that protects the scalp and promotes healthy hair, leaving you with a fresh feeling of lightness.

Rempah-Rempah [Herbal Roots Scrub]

A series of keep rubbing strollers and the body muscle with an herbal root combination to the restore and enliven the muscles and skin to a parfait.

Rempah ratus [Herbal Bath]

Immerse in the herbal bath infusion of limao parut [kaffir lime] and pandan leave [daun pandan], a natural remedy and age old custom to restore body strength and muscle firm knees.

Mandi Wap [Herbal Steam Bath]

Inhale the herbal essential oil as a luxurious addition to the steam bath the oil clings to the skin and penetrates through the pores, lifting the spirit to complete relaxation.

Jamu [Herbal Tonic Drink]

The “**Warrior**” treatment concludes with a special herbal roots drink, sweetened with exotic pure jungle honey as a tonic drink renowned for anti aging for men.

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INDIVIDUAL SPA EXPERIENCE

3 hours

USD 110 | IDR 1.815K

Royal Secrets of Putri Mandalika [Ladies]

- Foot wash
- Urutan begending [Princes Massage]
- Langeran [Hair Treatment]
- Traditional [Facial]
- Lulur Keraton [Body Scrub]
- Siraman [Milk Bath]
- Ukup Wangi [Scented Body Steam]
- Jamu [Herbal Drink]

Sigar Penjalin Treatment [Men]

- Foot wash
- Urutan panglima [Warior Massage]
- Herbal hair roots treatment
- Akar-akar [Herbal Roots Scrub]
- Rempah ratus [Herbal Bath]
- Mandi wap [Herbal Oil Steam Bath]
- Jamu [Herbal Tonic Drink]

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A la carte Experience

Qamboja Special

Discover traditional Indonesia treatments for men and women. Indulge yourself with a Balinese or aromatic massage. Followed by your choice of one of our body scrubs or body wraps, and finished with a flower bath or spice bath.

120 min

USD 60 | IDR 990K /person

Javanese Lulur

Originating from the royal palaces in Java Indonesia, this is a traditional treatment using herbs and spice. It begins with Balinese massage to rejuvenate your body, followed by the lulur to exfoliate the skin. Fresh yoghurt is splashed onto the skin for nourishment. You will then continue with a flower bath while enjoying a shooting cup of ginger drinks.

120 min

USD 55 | IDR 907K /person

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MASSAGES THERAPY

• Rinjani Hot Rocks Massage

Available as 90-minutes massage ONLY

USD 55 | IDR 907K

Healing with stones is an ancient form of therapy used by various cultures throughout the ages. Massaging the body using smooth, heated basalt river rocks and Swedish massage technique, the body deeply relaxes as the warm stones melt away the tension and stress.

Reservation has to be made at least 30 minutes prior to treatment

• Balok Signature Massage

By combining Lombok and Bali massage techniques, this massage will leave you feeling weightless and totally relaxed. It is an ideal treatment to combat stress, and revitalize and restore your body back to balance. The treatment begins alleviating tension and tiredness with a relaxing blend of essential oils and betel leaf.

Deluxe 60min

USD 33 | IDR 577,5K

Supreme 90min

USD 45 | IDR 742,5K

• Urutan Gendang Beleg [Traditional Massage]

The art of traditional lombok massage is passed on from generation to generation, the technique consists of long kneading strokes that focus on the muscle. This massage uses oil made with special local herbs such as garlic, onion and citronella that invigorates circulation.

Deluxe 60min

USD 33 | IDR 577,5K

Supreme 90min

USD 45 | IDR 742,5K

• Swedish Massage

This classic oil massage works predominantly with the muscles, soft tissues and joints, utilizing long rhythmic strokes.

Please request soft, medium or deep pressure

Deluxe 60 min

USD 33 | IDR 577,5K

Supreme 90 min

USD 45 | IDR 742,5K

• Aromatic Massage

The powerful efforts of aroma on the body and mind combined with technique designed to elicit a relaxing response make this massage an ideal choice for anyone who wishes to reduce stress.

To ensure quality and achieve the desired effect, we have produced our own blends of aromatherapy oils.

Deluxe 60 min

USD 33 | IDR 577.5K

Supreme 90 min

USD 45 | IDR 742.500

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- **Thai Massage**

A true art with ancient tradition, this method of massage was originally practiced only in Thai temples by Buddhist monks versed in the art of healing. It is described as yoga massage for its stretching and bending movements. This is ideal for anyone who desires increased energy flow and flexibility. A t-shirt and loose cotton pants are provided.

90 min

USD 45 | IDR 742,5K

- **Shiatsu Massage**

Shiatsu is a Japanese pressure point technique based on the concept of acupuncture. Pressure is applied to various body points along energy pathways enhancing the free flow of chi - force energy. A t-shirt and loose cotton pants are provided. 90 min

USD 45 | IDR 742,5K

- **Reflexology**

The theory of reflexology lies in the understanding that the feet have reflex points and limbs to balance all the functions of the body.

60 min

USD 30 | IDR 495K

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BODY SCRUB

- **Lulur Rempah Wangi**

The combined properties of turmeric, tamarind and sandalwood, scrubs your body and softens and exfoliates dead skin cells.

60 min

USD 35 | IDR 577,5K

- **Coffee & Chocolate Scrub**

A mix of chocolate and finely ground Bali coffee, this rich aromatic scrub will smooth your skin and elevate your mood.

60 min

USD 35 | IDR 577,5K

- **Coconilla Soothing Scrub**

Freshly grated coconut is rubbed all over your body to produce an exhilarating body scrub which remove dry skin and exfoliates the skin.

60 min

USD 35 | IDR 577,5K

- **Teh Hijau Scrub**

Green tea scrub is great for softening skin and make the skin look younger as green tea acts as an antioxidant.

60 min

USD 35 | IDR 577,5K

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BODY WRAPS

All treatments include a head and face massage while the body is receiving the benefits from the wrap.

- **Qunci Wrap**

A fresh mixture of lemongrass, ginger and galangal is applied to the body which is then wrapped in warm sheets. It helps to detoxify, reduce water retention and relieve joint and muscle pain. Treatment finishes with a fresh, spice bath and body lotion. 60 min

USD 40 | IDR 660K

- **Volcanic Mud**

Helps to draw toxins and break down cellulite. Treatment finishes with a coconut bath and body lotion. 60 min

USD 40 | IDR 660K

- **Boreh Lombok**

A traditional village remedy to warm the body and reduce muscle tension. Treatment finishes with a spice bath and body lotion. 60 min

USD 40 | IDR 660K

- **Cucumber Aloe Wrap**

A superb after-sun smoothie anti-inflammatory and highly recommended treatment for sun sensitive conditions. Treatment finishes with an Aloe Vera gel application.

USD 40 | IDR 660K

- **Papaya Wrap**

Rich in enzymes bringing new skin cells to the surface. Treatment finishes with a flower bath and body lotion. 60 min

USD 40 | IDR 660K

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QUNCI FACIAL

A wonderful revitalizing and moisturizing facial using fresh natural ingredients of avocado, cucumber, egg, honey, candlenut and banana. This natural cleansing mask is followed by a soothing massage of face and arms.

60 min

USD 30 | IDR 495K

HAIR CARE

Uliq Nyiur

[Coconut crème, hair treatment]

Coconut oil has been used traditionally by the Indians for thousands of years. The treatment helps condition the hair, maintaining its luster and colors

30 min

USD 20 | IDR 330K

NAIL CARE

Well groomed and beautiful hands and feet are a necessity for everyone. Our natural Manicure and Pedicure includes scrub, cleansing, shaping and polishing.

Manicure

45 min

USD 20 | IDR 330K

Pedicure

45 min

USD 20 | IDR 330K

Manicure & Pedicure

90 min

USD 35 | IDR 577,5K

SPORT'S MEN

Manicure

45 min

USD 20 | IDR 330K

Pedicure

45 min

USD 20 | IDR 330K

Manicure & Pedicure

90 min

USD 35 | IDR 577,5K

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YOGA EVERYDAY AT QUNCI VILLAS

Daily classes,

USD 20 | IDR 330K /Person

Lombok continues to grow for yoga and with our main focus on your needs for the sole purpose of bringing together your well-being.

Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
08:00-09:00	Hatta Yoga	Hatta Yoga	Hatta Yoga	Hatta Yoga	Hatta Yoga	Hatta Yoga	Hatta Yoga

• RINJANI TREKKING TONIC

Recommended for Rinjani hikers suffering from aches and pains.

Duration: 1 hour 30 minutes

Price

USD 40 | IDR 660K

Includes:

1. Energizing Leg treatment 45 minutes :
This treatment is performed with deep finger and thumb pressure over the entire foot and lower legs, to relieve discomfort in areas of imbalance and toxin build up.
2. Qunci Jemari [Hand massage] 20 minutes:
To help relieve aches, improve circulation and joint conditions on the arms.
3. Back and shoulder therapy [Including Neck and Head] 25 minutes :
This is a quick – fix acupressure massage without oil. Releases tension and knots as well as relieves mental stress associated with long physical regimes.

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